

EXTREME CARDIO TENNIS - 2019

SUMMER SCHEDULE (September 3rd-January 4th, 2020)

MONDAY/WEDNESDAY/THURSDAY/FRIDAY/SATURDAY

What is it?

- The ultimate fun group fitness class that includes cardiovascular workout, tennis, and games!
- Features the use of heart rate monitors to track your calorie burn and performance;
- Interval training;
- It's a party on the tennis court!
- Cardio Tennis brings the "sexy" back to tennis!

No Class on: November 28th, 29th, 30th - December 24th, 25th, 26th, 31st - January 1st & 2nd.

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------------|-----------|-----------|---------|-------------|--------|
| | | | 3.0 + | | | |
| | | | Players | | | |
| | | | 8:00-9:00 | | | |
| | | | am | | | |
| | | 3.0 + | | 3.0 + | 3.0 + | |
| | | Players | | Players | Players | |
| | | 12:00 - | | 12:00 - | 10:00-11:00 | |
| | | 1:00 pm | | 1:00 pm | am | |
| | 3.0 + Players | | | | | |
| | 6:00-7:00 pm | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |

Program Pricing Member: \$20 - drop in price \$25-Nonmember

\$160 - 10-pack \$210-Nonmember

\$280 - 20-pack \$380-Nonmember

For more information and a free trial, please email: Josh Raymond – jraymond@genesishealthclubs.com





| | nt must accompany ro harge my: Visa | ☐ MasterCard | □ AMEX | ☐ Discover | |
|--------------------------|--|--|--|--|---|
| E ₁ | verything highlighted | it REQUIRED | | | |
| | | | | Ехр | |
| Enclosed cla | ass fee(s) \$ | | | | (Checks |
| | Genesis Health Clubs | | | | <u>.</u> |
| <mark>Student's N</mark> | ame | | | | |
| Birthday | | | | | |
| | uired) | | | | |
| | | | | | |
| Contact Pho | <mark>one</mark> | | | | |
| <mark>Address</mark> : | | | | | |
| P. 1. | follows: For medical direfund is required of the disabilities. A student who compatible class on a date participant ships. Only the Direct credits or professional class on a date participant ships. | isabilities, a pro-ra ested when accor ty or injury and du o does not meet the ass or will be issue cancelled, Genesis e agreeable to all all be given a refu ctor of the Summ -rated fees. Is I accept full responsers service whatsoes is club, its sharehold | h the registrate ated refund/crepanied by a contraction. The skill level restricted a pro-rated as shall make existed and or credit for the remaining properties of the proper | edit shall be give doctor's statement equirements will larefund or credit. The class cannot be a class cannot be a the cancelled carams may appropriate operated by the cancelled by the cancelled by the cancelled carams may appropriate operated by the cancelled by the cancelled carams may appropriate operated by the cancelled by | non-refundable except as n from the date the nt explaining the nature be asked to change to a effort to reschedule the rescheduled, each lass. Eve lesson refunds, paratus, appliances nis Club at my own risk byees, representatives, or liability sustained or |
| | incurred by me re | esulting therefron | า. | | |
| Signature _ | | | Date_ | | |

For more information and a free trial, please email: Josh Raymond — jraymond@genesishealthclubs.com